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FOR IMMEDIATE RELEASE

The Health Department Tops 50 Cases of COVID-19 in Jurisdiction

PAPILLION – Seven additional cases of COVID-19 have been confirmed in Sarpy and Cass County over the weekend, bringing the total number of cases in the Department's jurisdiction to 57. To date, there have been 53 cases in Sarpy County and 4 in Cass County: 19 travel-related, 19 community acquired, 15 close contact, and 4 under investigation.

The Sarpy/Cass Health Department is urging our residents to take action today to limit the impact of COVID-19 in our communities by following these simple recommendations ... **Stay Home, Stay Healthy, Stay Connected.**

What does this look like in our community?

Stay Home

- Stay home whenever possible.
- Avoid gathering in any groups (if a group is necessary, limit it to no more than 10 people, and remember the 6 feet social distancing recommendation).
- Do not visit or host people who do not live with you. This includes family.
- Work from home if you can.

Stay Healthy

- Keep at least 6 feet distance from anyone you don't live with.
- Stay home if you are sick or if someone in your home is sick.
- Wash hands often with soap and water for at least 20 seconds.
- Clean and disinfect frequently touch surfaces.
- If you are an employer, make plans so that your employees can stay home when they need to.
- Cover your nose and mouth with a cloth mask while in public settings where social distancing is difficult.
- Shop no more than once each week, alone, and be efficient. Avoid browsing

Stay Connected

- Stay in touch with friends and loved ones by using your phone, tablet, computer, letters, or cards.
- Check on neighbors and other people who may be alone or need help.

Public health partners across the state continue to take action to protect the health of Nebraskans. The Sarpy/Cass Health Department will continue to update our community as new information becomes available.

For more information about COVID-19 please visit www.sarpycasshealthdepartment.org or <http://dhhs.ne.gov/coronavirus> or call 211.

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